



STEP

for bleeding disorders

P - PROMOTING RESEARCH
E - EMPOWERING PEOPLE
T - TRANSFORMING TOMORROWS
S - SHARING STORIES

5K WALK/RUN FUNDRAISER +
SPRING FEST

MAY 16TH, 2026

SALUDA SHOALS PARK, COLUMBIA SC

The **Bleeding Disorders Association of South Carolina** invites you to join us on **May 16, 2026**, for our **13th Annual STEP for Bleeding Disorders 5K Walk/Run Fundraiser and Awareness Campaign!**

We encourage everyone to get involved—**register as a fundraiser, captain a team, recruit friends, family, and neighbors, or participate as an individual.** Let's come together in Columbia to raise awareness, celebrate community, and support those living with bleeding disorders.

As in previous years, the Walk/Run will be held at **Saluda Shoals Park** (6071 St. Andrews Road, Columbia, SC 29212). Enjoy great music from our friends at Big Time Entertainment, fun moments at the Props and Prints photo booth throughout the day!

STEP for Bleeding Disorders represents the heart of our mission:

- **S** – Sharing Stories
- **T** – Transforming Tomorrows
- **E** – Empowering People
- **P** – Promoting Research

Together, these values guide our commitment to raising awareness, expanding support, and strengthening our bleeding disorders community in South Carolina and beyond.

Whether you form a new team, join an existing one, or walk/run on your own, your participation matters. Every dollar donated or raised directly impacts the lives of the individuals and families we serve.



Register today and join us on **May 16th at 10:00 AM** as we STEP into action and move forward—together. Visit our fundraising platform to learn more about the event, explore helpful links, and follow updates as we build this important day as a community.

Learn more and register at

<http://tinyurl.com/2025STEPForBleedingDisorders>