

## Join us and "GO RED" on March 17th in Columbia for a Community Engagement Dinner to learn about Positive Self-Talk!

*Educational Topic:* Cognitive Conversations: Positive Self-Talk: Explore behavioral insights that may help you discuss your hemophilia management with your loved ones and healthcare team.

Be sure to wear Red & Green to celebrate both Bleeding Disorders Awareness and St. Patrick's Day! We chose March 17th for our "Go RED" day to help start conversations around why we are wearing Red on a day where you are supposed to wear Green!

sponsored by:

SUUDI

**Please Note:** This dinner is available free to BDASC community members due to the generosity of our sponsors and fundraising.

**Register Today!** 



SUPPORTING THOSE LIVING WITH BLEEDING DISORDERS - FEBRUARY 28TH - APRIL 17TH