



# Navigating School with a Bleeding Disorder

## Heading to College

Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Emergency Contact Name & Phone:

\_\_\_\_\_

Emergency Contact Name & Phone:

\_\_\_\_\_

Medication: \_\_\_\_\_

Dosage: \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_

Who do I contact to order Medication?

\_\_\_\_\_

Where is the closest Hospital/ER?

\_\_\_\_\_

What is my Prophy Schedule?

\_\_\_\_\_

Hemophilia Treatment Center Information:

**South Carolina Hemophilia  
Treatment Center - Upstate**

900 W. Faris Road, 2nd Floor  
Greenville, SC 29605  
864-455-8898



**BLEEDING DISORDERS  
ASSOCIATION  
OF SOUTH CAROLINA**

☎ 864-350-9941 🌐 BDA-SC.org

**Bleeding Disorders Association  
of South Carolina**

Green Gate Office Park  
25 Woods Lake Road, Suite #300  
Greenville, SC 29607

## College Preparation Checklist

### College Search Questions

- The first step is to narrow down a field of study, possible majors and career goals.
- Size and type of campus
- Availability of on-campus transportation
- Housing options
- Availability of on-campus healthcare
- Access to emergency hospital care
- Location of nearest hemophilia treatment center (HTC)
- Hemophilia-related scholarship funds
- Availability of suitable exercise facilities

### College Transition Issues

- Is a dorm-room refrigerator allowed?
- Can medications, needles and syringes be stored in room?
- Can infusions be done in dorm room?
- What should be done with medical waste/sharps?
- Consider what, and when, to tell your roommates, your residence assistant (floor monitor) and other people living on your floor about your bleeding disorder.
- Where will medications and supplies be received?
- Is there a notification system for packages?
- Is refrigerated storage available until pickup?
- Does the campus have a disabilities services policy or registration?
- Will crutches or a wheelchair be available if needed?
- Will temporary on-campus transportation be available if needed?

## What To Do In an Emergency

### Emergency treatment issues:

- Plan transportation method(s) to the nearest ER or HTC; gather pertinent phone numbers and directions or maps.
- Are local health facilities familiar with hemophilia?
- Make “standing orders” available, if necessary.
- Notify your local HTC and maintain contact with your home HTC.

### On-campus healthcare facility:

- Introduce yourself; provide background information on your bleeding disorder.
- Learn about infusion assistance options.
- Provide it with your emergency contact information.
- Have copies of all your insurance and pharmacy benefits identification cards, etc., with you at school.
- Identify the facilities, personnel and programs you will need to maintain your exercise regimen and physical activity level.

### Disclosure in an Emergency

Having a plan In Case of Emergency (ICE) is a good idea and will most likely require you to involve people close to you in your daily school life. Think about whom you want to tell about your bleeding disorder and how each of these individuals should be involved in your ICE plan. Maybe if you are at a school far away from your home and family, you will choose your roommate or RA to be your ICE contact.

## Finding Local Support

Staying active in the bleeding disorders community is hard with college transition stress. Local and national organizations offer many opportunities to keep you engaged, as well as resources to support you in this next phase of life.

## Disclosing Your Bleeding Disorder

As a post-secondary education student, you are entitled to services and accommodations through Section 504 of the Rehabilitation Act of 1973 and the Americans With Disabilities Act of 1990. These laws prohibit colleges and universities, however, from searching for information on a student’s disability status. As the student, therefore, you can decide to disclose, or not disclose, your bleeding disorder and seek any special services you may need. The laws also ensure that you will not be discriminated against by a school because of your disability.

Remember, it’s your responsibility to know your rights as they relate to various aspects of your higher education. These include:

- Admissions
- Scholarships
- Employment
- Financial aid
- Work study
- Roommates
- Course of study
- Sports

By doing a little bit of research and finding out the school’s policies, you’ll be better able to get what you need and deserve out of your higher education experience.

### Telling Your Advisor and Professors

You may want to tell your academic advisor and your professors in case you miss any classes due to health reasons. Some schools and professors have strict attendance policies.

*If you miss class often, your professor may assume you are simply skipping and give you a poor grade.*

## Telling Your RA, Hall Director, Roommate, and Friends

If your school allows you to self-infuse in your dorm room and you decide to do so, it’s important to tell your roommate and RA, and maybe the students who live near you as well. If your roommate is not comfortable with the idea of you self-infusing in the room, you may want to consider looking into changing rooms or roommates. You can talk to the Office of Residential Life and/or the Office of Disability Services to find out about school policies on changing roommates. Also, you may want a friend or RA to have access to your dorm room (and to understand your bleeding disorder) in case you need someone to bring your factor to an emergency room.

*If you self-infuse in your dorm, a roommate, RA, or friend who does not know about your bleeding disorder may think you’re using illegal drugs!*

## Scholarships & Funding

Many bleeding disorders organizations provide scholarship opportunities to those living with or affected by bleeding disorders.

Scan Here for More Information on available scholarships



<https://bda-sc.org/academic-scholarship-program/>



Scan Here for More Information on Federal Financial Assistance

<https://studentaid.gov/h/apply-for-aid/fafsa>