

**BLEEDING
DISORDERS
FOUNDATION**
OF NORTH CAROLINA



**BLEEDING DISORDERS
ASSOCIATION
OF SOUTH CAROLINA**

2022

→ Free to teens in the
bleeding disorders
community.

TEEN RETREAT

→ Bring a friend!

→ For anyone age 13-18 who has a bleeding disorder, or who has a sister, brother or parent with a bleeding disorder.

**Thursday, August 11th thru
Sunday, August 14th, 2022**

CAMP CANAAN

3111 Sand Island Road
Rock Hill, SC 29732

→ Kayaking

→ High Ropes Course

→ Fishing

...and more!

campcanaan.org

Registration deadline is
Monday, July 11, 2022!

Remember last time?



Schedule

- Thursday, August 11 – Arrive in the evening – Dinner – Icebreaker & games
- Friday, August 12 – All day – Team-building and group sessions led by GutMonkey; free time – Campfire & s'mores
- Saturday, August 13 – All day – Team-building and group sessions led by GutMonkey; free time – Dinner and free time
- Sunday, August 14 – Breakfast – Review & suggestions – Boxed lunches and check-out

Check-in Thursday,
August 11, 5-6pm.

Check-out Sunday,
August 14, noon.

Change can be hard, but necessary for growing and becoming the person you want to be. Leading Edge offers a series of experiential challenges to spark conversation and insight about making positive growth and taking on new responsibilities. Whether you have a bleeding disorder or care about someone who does, GutMonkey's talented experiential facilitators will guide you through a fun and dynamic reflection on taking charge of managing your health and your personal goals.

Registration, permission
and waiver forms are
available online at
bleedingdisordersnc.org

☞ bda-sc.org

Come spend a weekend with friends, new & old! We're planning a terrific weekend full of fun activities and sessions that will challenge you, inform you, and inspire you. Share your interests, passion, and ideas about how you can make a difference for yourself and in our community. Our programs will be led by the highly sought after GutMonkey team.

The Bleeding Disorders Foundation of North Carolina and the Bleeding Disorders Association of South Carolina are offering this program to teen members free of charge. This includes lodging, busing, all meals and activities.

To sign up, please complete all registration and permission forms and return them no later than Monday, July 11th.

Parents please note that your signature is required on the permission and waiver forms, one form for each participant.